

## Friday, September 13th - 2024

Time	Subject	Announcer / Chair	Presenter	Venue
9.00 - 9.30	Meet and greet			Lounge
9.30 - 10.00	Official opening of congress On stage: Marius, Stein and Edgeir	Marius Lunde Fredriksen	Marius Lunde Fredriksen	Conference
10.00 - 10.45	Ultrasound examination of the knee	Marius Lunde Fredriksen	Prof. Jon Jacobson	Conference
10.45 - 11.05	Coffee break / refreshments			Lounge
11.05 - 11.50	Ultrasound examination of lower extremity nerves	Marius Lunde Fredriksen	Prof. Jon Jacobson	Conference
11.50 - 12.30	Practical session (demo + dialogue)	Marius Lunde Fredriksen	Prof. Jon Jacobson	Conference
12.30 - 13.30	Lunch			Restaurant
13.30 - 14.15	Ultrasound examination of the ankle	Stein Dragland	Dr. Javier Nunez Villar (Atlético Madrid)	Conference
14.15 - 14.45	Practical session (demo + dialogue)	Stein Dragland	Dr. Javier Nunez Villar (Atlético Madrid)	Conference
14.45 - 15.00	Short break			Lounge
15.00 - 15.45	Calf muscle injuries and rehab protocol	Stein Dragland	Jim Moxen (Manchester United FC)	Conference
15.45 - 16.15	Practical session (demo + dialogue)	Stein Dragland	Jim Moxen (Manchester United FC)	Conference
16.15 - 16.45	Coffee break / refreshments			Lounge
16.45 - 17.30	Hamstring muscle injuries and rehab protocol	Edgeir Gunvordal	Dr. Manuel Wong (FC Barcelona)	Conference
17.30 - 18.15	Practical session (demo + dialogue)	Edgeir Gunvordal	Dr. Manuel Wong (FC Barcelona)	Conference
18.15 - 18.30	Closing remarks - Q & A - End of day 1 On stage: Marius, Stein and Edgeir	Stein Dragland	Marius Lunde Fredriksen	Conference
Kl. 20.30	Congress Dinner			Restaurant

## Saturday, September 14th - 2024

Time	Subject	Announcer / Chair	Presenter	Venue
9.30 - 9.45	Morning coffee			Lounge
9.45 - 10.00	Presentation of today's program On stage: Marius, Stein and Edgeir	Stein Dragland	Marius Lunde Fredriksen	Conference
10.00 - 10.45	Ultrasound examination of the hip	Stein Dragland	Ass. Prof. Sandra J. Allison	Conference
10.45 - 11.05	Coffee break / refreshments			Lounge
11.05 - 11.50	Ultrasound examination of the groin	Stein Dragland	Ass. Prof. Sandra J. Allison	Conference
11.50 - 12.30	Practical session (demo + dialogue)	Stein Dragland	Ass. Prof. Sandra J. Allison	Conference
12.30 - 13.30	Lunch			Restaurant
13.30 - 14.15	Ultrasound examination of tendons and rehab	Marius Lunde Fredriksen	Prof. Jens Lykkegaard Olesen	Conference
14.15 - 14.45	Practical session (demo + dialogue)	Marius Lunde Fredriksen	Prof. Jens Lykkegaard Olesen	Conference
14.45 - 15.00	Coffee break / refreshments			Lounge
15.00 - 15.30	Ultrasound examination of bone injuries	Marius Lunde Fredriksen	Prof. Jon Jacobson	Conference
15.30 - 16.00	Ultrasound examination of ankle and foot ligaments	Marius Lunde Fredriksen	Prof. Jon Jacobson	Conference
16.00 - 16.15	Short break			Lounge
16.15 - 16.45	Ultrasound-guided tenotomy / fenestration	Marius Lunde Fredriksen	Prof. Jon Jacobson	Conference
16.45 - 17.15	Ultrasound-guided Tendon Treatments	Marius Lunde Fredriksen	Prof. Jens Lykkegaard Olesen	Conference
17.15 - 17.30	Closing remarks - Q & A - End of congress On stage: Marius, Stein and Edgeir	Marius Lunde Fredriksen	Stein Dragland	Conference