

# Atletico Madrid Conference

9. – 11. May 2025

## FRIDAY

<b>9:00</b>	<b>Intro</b>
	Registration
	Presentation of the lecturers
	Timetable and practical info
<b>9:15</b>	<b>Hip injuries (Levon)</b>
	Joint lesions
	Tendon injuries
	Muscle injuries
	Demo
<b>10:30</b>	<b>Supervised Workshop</b>
<b>11:15</b>	<b>Pause</b>
<b>11:30</b>	<b>Hamstring injuries (Javier)</b>
	Treatment protocol
	Rehab. protocol
<b>12:15</b>	<b>Lunch break</b>
<b>13:15</b>	<b>Core muscle / tendon injuries (Kenneth)</b>
	Rectus abdominis
	Adductor injuries
	Demo
<b>14:15</b>	<b>Supervised Workshop</b>
<b>15:00</b>	<b>Special guest</b>
<b>15:45</b>	<b>Closing remarks</b>
<b>17:00</b>	<b>Tour at The Riyadh Air Metropolitanano Dinner after the Tour (self-payment)</b>

## SATURDAY

<b>9:00</b>	<b>PPP vs PRP injections - muscle injuries (Kenneth)</b>
	Quadriceps injuries
	Hamstring injuries
	Demo
<b>10:00</b>	<b>Supervised Workshop</b>
<b>10:45</b>	<b>Break</b>
<b>11:00</b>	<b>Hip injuries (Angel)</b>
	Joint injuries
	Tendon injuries
<b>12:00</b>	<b>Lunch break</b>
<b>13:00</b>	<b>Advanced hip examination (Levon)</b>
	Femoral hernia
	Inguinal hernia
	Gilmore's groin
	Periferal nerves (diff.diagn. to hip pain / Gilmore's)
	Demo
<b>14:15</b>	<b>Supervised Workshop</b>
<b>15:00</b>	<b>Break</b>
<b>15:15</b>	<b>Demoes and discussions (Levon + Kenneth)</b>
	Requests / "free for all"
<b>16:00</b>	<b>Closing remarks</b>
<b>20:00</b>	<b>Conference Dinner (food included, drinks self-pay)</b>